

# Opus Healthcare Literary Review

March 2008

No	Title	Publication
1	Fast-track colorectal surgery	The Lancet
2	More options to screen for colorectal cancer	The Lancet
3	Ca direct tests backed	Pulse
4	Chewing gum could change practice	Gastrointestinal Nursing
5	Appropriate use of convex products	Gastrointestinal Nursing
6	A Clinical audit of the ileo-anal pouch service At St Marks Hospital, London.	Gastrointestinal Nursing

### **1 Fast-track colorectal surgery**

The Lancet. Vol 371. Issue 9615. Page 791. 8 March

This article reviews how the development of fast track recovery programmes could reduce the need for hospitalisation after surgery.

### **2 More options to screen for colorectal cancer**

The Lancet. Vol 371. Issue 9616. Page 872. 15 March

A review of screening concluding that colorectal cancer can only be prevented and mortality reduced if all screening tests are offered widely and people made aware of the importance of screening.

### **3 Ca direct tests backed**

Pulse. Vol 68. Issue 10. Page 12. 19 March

An evaluation has shown that allowing GP's direct access to endoscopy for patients with suspected gastrointestinal cancer cuts the need for hospital appointments and is highly cost effective.

### **4 Chewing gum could change practice**

Gastrointestinal Nursing. Vol 6. Issue 3. Page 6. 3 March

An American study has indicated that chewing gum can speed the return to normal bowel function after cystectomy and urinary diversion.

### **5 Appropriate use of convex stoma care products**

Gastrointestinal Nursing. Vol 6. Issue 3. Page 12. 3 March

This article provides an overview of convex products and outlines the consequences for inappropriate use. Summaries of each problem are shown against photographic evidence and advice about use and management of convex products.

### **6 A Clinical audit of the ileo-anal pouch service, St Mark's Hospital, London.**

Gastrointestinal Nursing. Vol 6. Issue 3. Page 36. 3 March

This article outlines an audit to provide feedback on the current pouch service, and to revise practise in line with changes in the NHS.